



The Lion's Roar

Community Newsletter: Week Of May 5th

MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone is having a great weekend! From a weather standpoint, it's certainly feels more like Summer on Friday and Saturday...and is a well-deserved change as we move into the final stretch of this school year! The weather this week will start out in the 50's and end in the 50's with some 60 degree days in between .

As you know, it is important to tune in to the local news for the most up to date forecast. Things can change quickly and you need to ensure that your child is prepared to adjust with the weather forecast.



We will begin Math MCAS testing for our Grade 3 students on Wednesday and Thursday this week. We are putting the finishing touches on this testing session and ensuring that we fully support all students so that they can do their very best of this important assessment. Overall, our Grade 3 students did extremely during the ELA MCAS testing back in April for their first of many MCAS testing sessions. We are confident that they will do even better on the Math MCAS this week! Stay tuned for results for your child that will be released in October 2025!

Grade 4 will begin their Math MCAS on Tuesday, May 13th. Our Grade 4 Team is working on finalizing all of the student testing accommodations as well as creating small student testing groups. Stay tuned for more details in next weeks edition of McAvinnue's "Lion's Roar" Community Newsletter.

We have some great student events coming up. There are some field trips on the horizon for some grade levels...and multiple exciting events like McAvinnue's "International Night", McAvinnue's "Paw"tastic Field Day, and Grade 4 "Move Up" Graduation. Stay tuned for more information in this weekly newsletter as well updated notices from your child's teacher.

Finally, we will begin "Teacher Appreciation Days" this week. Please see the days below and how we will recognize the hard work and collective efforts that all of our faculty do for our students and families!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Monday, May 5th - McAvinnue Reopens @ 9:10 AM**
- **Wednesday, May 7th - Grade 3 Math MCAS Testing: Session 1**
- **Thursday, May 8th - Grade 3 Math MCAS Testing: Session 2**
- **Friday, May 9th - Mother's Day Kindergarten Event @ 10 AM (Cafeteria)**
- **Monday, May 12th - McAvinnue's "STEM Challenge Month" Begins**
- **Monday, May 12th - McAvinnue's "Lion's Pride" Core Value All School Celebration: April Edition**

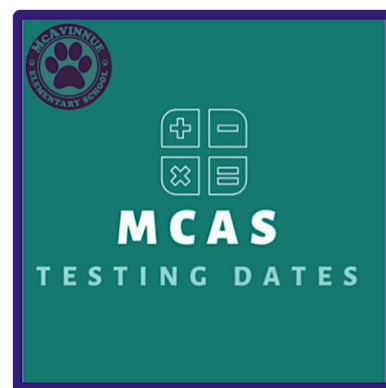
If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a mdomina@lowell.k12.ma.us.

2025 MCAS Testing Dates: Grades 3 - 4

We have scheduled McAvinnue's MCAS dates for this school year. Please see the dates below for both Grade 3 and Grade 4.

Math


- Grade 3 Math - May 7th (Session 1); Math 8th (Session 2)
- Grade 3 Math Make Up Sessions - Math 9th & 12th
- Grade 4 Math - May 13th (Session 1); May 15th (Session 2)
- Grade 3 Math Make Up Sessions - May 16th & 19th



It's important that ALL of our students attend on the days that their grade level is testing. Being rested, on time, and fully prepared is essential for students to "show what they know" and do their very best!

If you have any questions, please reach out directly to your child's teacher for additional information.

McAvinnue's "Teacher Appreciation Days"



MAY **TEACHER APPRECIATION** **2025**

MON 5/5 **SIP SIP HOORAY!!**
MIX YOUR FAVORITE WATER AND TRY SOME REFRESHING CREATIONS LIKE "IS IT SUMMER YET?" AND "HALL PASS CREAMSICLE."
STAY COOL, STAY HYDRATED, AND TREAT YOURSELF—YOU'VE EARNED IT!


BAGELS & BREWS FOR THE BEST CREW **FRI 5/9**
A LITTLE MORNING FUEL FOR THE ONES WHO MAKE LEARNING HAPPEN—BECAUSE YOU "DONUT" KNOW HOW MUCH WE APPRECIATE YOU!

MON 5/12 **SNACKIN' WITH GRATITUDE**
ENJOY A VARIETY OF SWEET AND SAVORY SNACKS AND DRINKS, LOVINGLY DONATED BY OUR AMAZING McAVINNUE FAMILIES.
A LITTLE PICK-ME-UP TO SAY THANK YOU FOR ALL YOU DO EVERY SINGLE DAY!

SCOOPS OF GRATITUDE **WED 5/14**
BUILD YOUR DREAM SUNDAE WITH ALL THE TOPPINGS AND SWEET FIXINGS!
COOL OFF AND TREAT YOURSELF—BECAUSE YOU MAKE EVERY DAY A LITTLE SWEETER.

FRI 5/16 **WITH GRATITUDE, FROM THE OFFICE**
MR. DOMINA AND MR. SHANAHAN HAVE SOMETHING SPECIAL UP THEIR SLEEVES! JUST A LITTLE EXTRA THANK YOU TO SHOW HOW MUCH YOU'RE APPRECIATED—BECAUSE YOU DESERVE IT!

#McAVINNUELIONS



McAvinnue's Week In Review

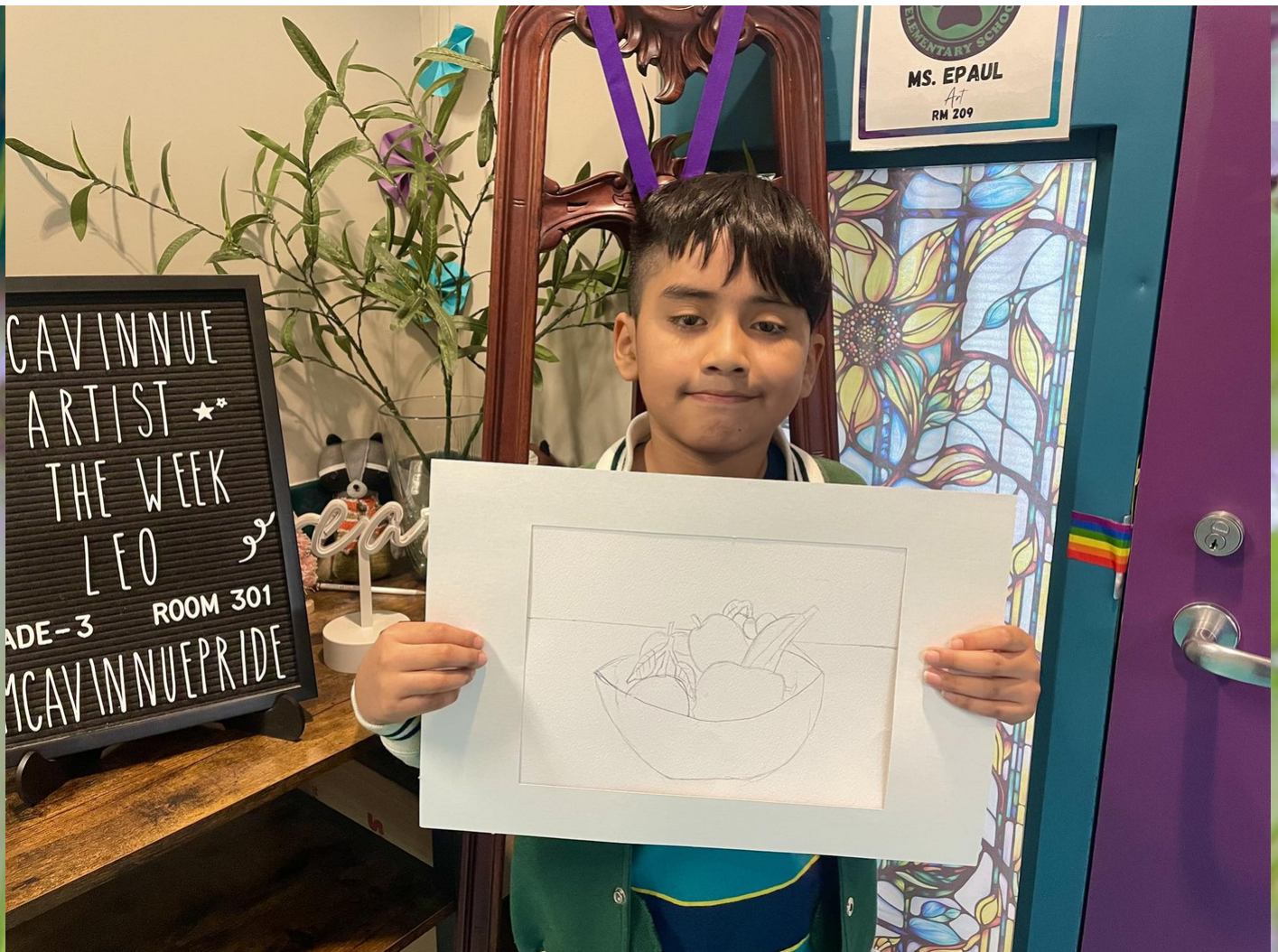
Fun With The Logo Robotics & Engineering Group!

The Logo Robotics & Engineering Group had a blast creating new and exciting things during McAvinnue's April Vacation Program last week! Check out some of their collaborative creations!



McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Leo in Room 301! He shows depth of space by overlapping fruit in a 3-dimensional bowl. He drew this still life while looking at a bowl of fruit! Next we'll add paint for color. This is truly impressive artwork!



McAvinnue's International Night - Chefs Needed!

We are thrilled to invite you to McAvinnue's Annual International Night on Thursday, May 22nd at 5:30 PM - 7:00 PM. This is a very special evening dedicated to celebrating the amazing cultures and traditions that make up our school community!



As part of the festivities, we are asking families to bring a favorite family dish that reflects their heritage, culture, or family traditions.

Here are a few important details:

- **What to Bring:** A dish that is meaningful to your family and represents your cultural background. It could be an appetizer, main dish, dessert, or snack – whatever you love to share!
- **Serving Size:** Please prepare a dish that can serve about 20–25 small portions, so many families have the chance to sample different foods.
- **Labeling:** If possible, please include a small label with the name of the dish, the country or culture it represents, and any important ingredients (to help those with allergies).
- **Allergies:** We kindly ask that you list common allergens (such as nuts, dairy, eggs, gluten, etc.) if they are included.

- **Drop-off Time:** Please bring your dish to the gymnasium at 5:00 PM - 5:30 PM. Tables will be set up for you to display your dish.
- **Optional:** Feel free to bring a small flag, photo, or short description that tells a little about your dish or your family's story!

This evening is always one of the highlights of our school year — a time to connect, share traditions, and learn from one another. We can't wait to experience the delicious tastes and rich stories that each of you will bring to this beautiful night!

If you are planning to bring a dish, please RSVP by reaching out to Mrs. De La Luz at adelaluz@lowell.k12.ma.us or send back the bottom portion of the flyer that was sent home before Spring Break so we can plan accordingly.

Thank you for helping us make our International Night a meaningful and memorable event!



Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

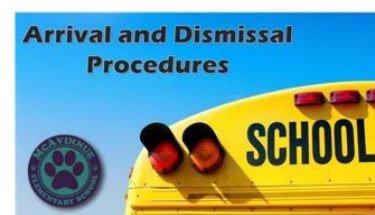


Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is dralls@lowell.k12.ma.us and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

Drop-Off & Pick-Up Logistics

Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.



Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.

- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

[Click Here For The LPSD "Bus Lookup Tool"](#)

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial

Welcome to Lowell Public Schools eLink

 User Name: Password:

User Name= lunch code

Password= birthday
mmddyyyy

Example: August 31, 2009
08312009

Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <https://www.lowell.k12.ma.us/Page/5990>




Physical Education Class Information With Ms. Rindo

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

Kindergarten-Physical Education Class


Monday	Tuesday	Wednesday	Thursday	Friday
	Mrs. Pepper 205	Mrs. Lewis 206	Mrs. Zolikos 207	Mrs. Martineau 208

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!

Kindergarten

Grade 1-Physical Education Class


Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner 203

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!

Grade 1

Grade 2-Physical Education Class


Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Ubele 101	Mrs. Makumbi 102	Ms. Carrucini 103	Ms. Michaud 104	

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!

Grade 2


Grade 3-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Abrams 302	Mrs. Cutrumbes 303	Mrs. M-C 304		Ms. Ryder 301

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!


Grade 4-Physical Education Class

Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Clemente 309	Mrs. Leczynski 310		Mrs. Figueiredo 307	Mrs. McCann 308

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!

CSA-Physical Education Class

Tuesday	Wednesday	Thursday
Ms. Pastor 108	Mrs. Orozco 109	Mrs. Irwin 211

 Please remember to wear your sneakers!
¡Por favor recuerda usar tus zapatos de deporte!

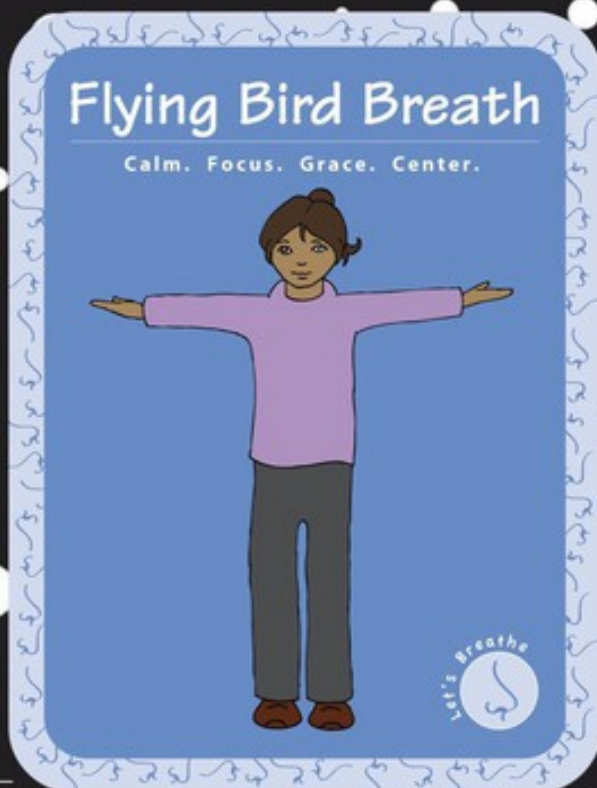
McAvinnue's Yoga Pose Of The Week: "Flying Bird Breath"

We are bringing back a pose this week from the beginning of the school year called the "Flying Bird Breath".

This pose will allow us to work on remaining calm while increasing our focus by maintaining grace through our own person "center".

We will practice the "Flying Bird Breath" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.

You can get an early head start and practice this technique before we launch into another exciting week!



Upcoming Events



UPCOMING EVENTS



Here are important dates to remember for the month of May:

- ***Monday, May 5th - McAvinnue Reopens @ 9:10 AM***
- ***Wednesday, May 7th - Grade 3 Math MCAS Testing: Session 1***
- ***Thursday, May 8th - Grade 3 Math MCAS Testing: Session 2***
- ***Friday, May 9th - Mother's Day Kindergarten Event @ 10 AM (Cafeteria)***
- ***Monday, May 12th - McAvinnue's "STEM Challenge Month" Begins***
- ***Monday, May 12th - McAvinnue's "Lion's Pride" Core Value All School Celebration: April Edition***
- ***Tuesday, May 13th - Grade 4 Math MCAS Testing: Session 1***
- ***Wednesday, May 14th - Early Release Day - Student Dismissal @ 1:30 PM (No PreK Classes For Ms. Annie's Students)***
- ***Thursday, May 15th - Grade 4 Math MCAS Testing: Session 2***
- ***Monday, May 19th - Friday, May 23rd* - McAvinnue's Spring Scholastic Book Fair**
- ***Monday, May 19th - Grade 4 Field Trip: Kimball Farms - Westford***
- ***Thursday, May 22nd - Grade 2 Field Trip: Stone Zoo***
- ***Thursday, May 22nd - McAvinnue's International Night @ 5:30 PM - 7:00 PM***
- ***Friday, May 23rd - McAvinnue's "Walk-A-Thon" Fundraiser Event***
- ***Monday, May 26th - Memorial Day - No School***
- ***Thursday, May 29th - Kindergarten Field Trip: Stone Zoo***
- ***Thursday, May 29th - Turtle HATCH Program Field Trip - Turtle Release Day (Rooms 202 & 303)***
- ***Friday, May 30th - McAvinnue's "Lions Pride" Core Value All School Celebration: May Edition @ 9:30 AM - 10:15 AM***

ST Math Weekly Progress!

Our ST Math journey continues to soar, and it's time to recognize the incredible progress we've made together! As a school, we've surpassed 895,000 puzzles solved and reached 90% overall progress. This is a huge testament to the dedication of our students—and to all of you who support and inspire them every day. Way to go, McAvinnue!



Let's celebrate the puzzles at each grade level, too! Check out the progress below...simply amazing!



STMath



**Over 895,000
puzzles solved**



90%

Average Puzzle Goal Progress



STMath



Number of s at Each Grade Level

Let's celebrate!



Grade Level	Number of Puzzles Solved
PreK	3,500 puzzles
K	110,000 puzzles
Gr. 1	220,000 puzzles
Gr. 2	146,000 puzzles
Gr. 3	230,000 puzzles
Gr. 4	188,000 puzzles

STMath



ST Math Champions!



McAvinnue's ST Math Progress Champions



Cameron
Room 206



Cole
Room 208



Darius
Room 103



McAvinnue's ST Math Progress Champions



Gabriela
Room 103



Hailey
Room 303



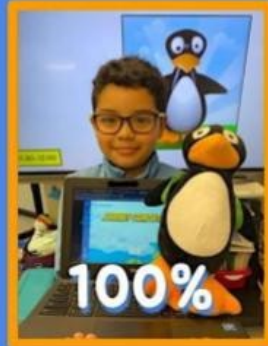
Imran
Room 103



McAvinnue's ST Math Progress Champions



Jameson
Room 206



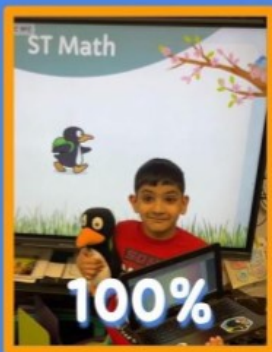
Jeronimo
Room 204



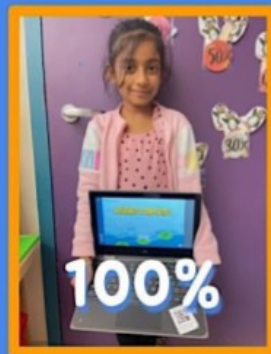
Kiera
Room 309



McAvinnue's ST Math Progress Champions



Mustafa
Room 202



Safwanna
Room 205



Elias
Room 201



McAvinnue's ST Math Progress Champions



Samantha
Room 104



Ariyah
Room 202



Amelia
Room 201

2024-2025 School Year Calendar

Superintendent of Schools-Lowell Public Schools- Lowell, MA
2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School - Staff Orientation Day
Tuesday, August 27, 2024	First Day of School - Grades 1-12
Friday, August 30, 2024	No School Labor Day Recess
Monday, September 2, 2024 *	No School - Labor Day
Tuesday, September 3, 2024	No School - State Primary Elections
Wednesday, September 4, 2024	First Day of School - Pre-Kindergarten & Kindergarten
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12
Monday, October 14, 2024 *	No School - Indigenous Peoples' Day
Tuesday, November 5, 2024	No School for Students - Election Day - Professional Day for Staff
Monday, November 11, 2024 *	No School - Veterans' Day Observed
Wednesday, November 27, 2024	Early Dismissal - Thanksgiving Recess
Thursday, November 28, 2024 *	No School - Thanksgiving Day
Friday, November 29, 2024 *	No School - Thanksgiving Recess
Monday, December 2, 2024	Schools Re-Open
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day
Tuesday, December 24, 2024 *	Christmas Eve
Wednesday, December 25, 2024	Christmas Day
Tuesday, December 31, 2024 *	New Year's Eve
Wednesday, January 1, 2025 *	New Year's Day
Thursday, January 2, 2025	Schools Re-Open
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12
Monday, January 20, 2025 *	No School - Martin Luther King, Jr. Day
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 - Friday, February 21, 2025]
Monday, February 24, 2025	Monday - Schools Re-Open
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School
Friday, April 18, 2025 *	No School - Good Friday
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21 - Friday, April 25, 2025]
Monday, April 28, 2025	Schools Re-Open
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12
Monday, May 26, 2025 *	No School - Memorial Day
Friday, June 13, 2025	180th School Day - Early Release for grades PreK-12 on Last Day of School
Thursday, June 19, 2025 *	Juneteenth
Monday, June 23, 2025	185 th School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of: 4/17/24

* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month			
August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10





2024-2025 LPSD Calendar.pdf

Download

236.8 KB

2025-2026 School Year Calendar



Superintendent of Schools – Lowell Public Schools – Lowell, MA
2025-2026 School Year Calendar

Monday, August 25, 2025	Staff Return to School – Staff Orientation Day
Tuesday, August 26, 2025	First Day of School – Grades 1-12
Friday, August 29, 2025	No School – Labor Day Recess
Monday, September 1, 2025 *	No School – Labor Day
Wednesday, September 3, 2025	First Day of School – Pre-Kindergarten & Kindergarten
Tuesday, September 9, 2025	No School – Local Primary Elections – Professional Day for Staff
Wednesday, October 8, 2025	Early Release for grades K-12 (No School PK)
Monday, October 13, 2025 *	No School – Indigenous Peoples' Day
Tuesday, November 4, 2025	No School - Election Day
Tuesday, November 11, 2025 *	No School - Veterans Day Observed
Wednesday, November 26, 2025	Early Dismissal – Thanksgiving Recess (No School PK)
Thursday, November 27, 2025 *	No School - Thanksgiving Day
Friday, November 28, 2025 *	No School – Thanksgiving Recess
Monday, December 1, 2025	Schools Re-Open
Wednesday, December 3, 2025	Early Release for grades K-12 (No School PK)
Friday, December 19, 2025	Winter Vacation Begins at the Close of Day
Wednesday, December 24, 2025 *	Christmas Eve
Thursday, December 25, 2025 *	Christmas Day
Wednesday, December 31, 2025 *	New Year's Eve
Thursday, January 1, 2026 *	New Year's Day
Monday, January 5, 2026	Schools Re-Open
Wednesday, January 14, 2026	Early Release for grades K-12 (No School PK)
Monday, January 19, 2026 *	No School – Martin Luther King, Jr. Day
Wednesday, February 4, 2026	Early Release for grades K-12 (No School PK)
Friday, February 13, 2026	Mid-Winter Vacation Begins at the Close of School
Monday, February 16, 2026 *	President's Day [Mid-Winter Vacation: Monday, February 16 – Friday, February 20, 2026]
Monday, February 23, 2026	Monday – Schools Reopen
Wednesday, March 4, 2026	Early Release for grades K-12 (No School PK)
Friday, April 3, 2026 *	No School – Good Friday
Friday, April 17, 2026	Spring Vacation Begins at the Close of School
Monday, April 20, 2026 *	Patriot's Day – [Spring Break: Monday, April 20– Friday, April 24, 2026]
Monday, April 27, 2026	Schools Re-Open
Wednesday, May 13, 2026	Early Release for grades K-12 (No School PK)
Monday, May 25, 2026 *	No School – Memorial Day
Tuesday, June 16, 2026	180th School Day - Early Release for grades K-12 on Last Day of School (No School PK)
Friday, June 19, 2026 *	Juneteenth
Wednesday, June 24, 2026	185th School Day [Includes five (5) Snow Days]

Approved by the Lowell School Committee at their meeting of:
April 2, 2025

* Central Administration & Family Resource Center will be closed in
observance of a holiday

Number of School Days Per Month			
August	3	January	19
September	20	February	15
October	22	March	22
November	16	April	16
December	15	May	20
		June	12



2025-2026 LPSD Calendar.pdf

Download

101.9 KB

McAvinnue's Morning Announcements

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

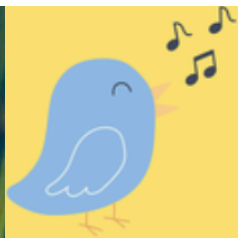
https://www.youtube.com/channel/UC7hxiBuRjqjgqfASL_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

McAvinnue's Morning Announcements 5.2.2025



Parent & Family Resources



LPS Connector

April 2025



LPS Connector Newsletter: April Edition

The Lowell Public Schools April Newsletter is here! Celtics legend Antoine Walker, an epic field trip to Amazon Robotics, Khmer New Year, a farewell to a beloved LHS staff member, information about upcoming sports and summer camp opportunities, next school year's calendar, and so much more!

Click the button below to access the latest newsletter!

LPS Connector Newsletter: April Edition



Mental Health Student Support

Lowell Public School Families: We are committed to supporting the overall well-being of our students and believe mental health is an important part of overall health. We currently partner with Cartwheel <https://www.cartwheel.org/> to support the mental health needs of our students via virtual therapy with licensed clinicians.



Up until now, a student had to be identified and referred for these services by our school team. Now, parents/guardians can express interest directly in mental health services for their child. Just fill out this form <https://bit.ly/3QReTok>

Our school staff can still refer a student to Cartwheel with parent/guardian consent. To learn more about this mental health program, check out the flyer below.

Here are some signs to look out for to determine if your child might benefit from mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event



Supporting Your Child's Mental Health

Oftentimes, families are the first to recognize that their child might need mental health support but aren't sure where to start.

Cartwheel, our partner in supporting the mental health needs of our students, is now offering a way for parents/guardians to directly raise their hand for mental health support for their child.

Just fill out this simple form to inquire about accessing these services.



Cartwheel provides rapid access to evidence-based 1-1 teletherapy, psychiatric evaluations, medication management, parent guidance, and family therapy.

It is easy to access care. Connect via laptop, tablet, or phone. Services are available Mon-Fri, 8am-8pm (some Sat hours). Care provided in multiple languages, including Spanish.

Covered by most insurance plans. Standard co-pays and deductibles apply. Families with Medicaid or no insurance have \$0 out-of-pocket costs.



Signs that your child might need mental health support:

- Changes in mood or behavior
- Changes in eating or sleeping patterns
- Declining academic performance
- Withdrawal from friends or activities
- Increased anxiety or stress
- Expressing feelings of sadness or hopelessness
- Experiencing transition (related to life, family, peers, school)
- Exposure to a traumatic event

"I was extremely impressed how fast he was scheduled to see a therapist once the referral was made. Both the therapist and the psychiatrist were absolutely wonderful, created an environment that made my son feel comfortable enough to talk and were so kind and patient. Highly satisfied!"

—Parent

www.cartwheel.org



How it works



Once you fill out the interest form, your school team will review your submission.



If your school team believes that Cartwheel is the right fit for your student, they will make a referral.



Cartwheel will reach out to you via text message to get started.

Some challenges Cartwheel can help your child with:

Anxiety	Coping skills
Stress	Motivation
Depression	Family and relationships
Sadness	Anger
Grief or loss	Trauma
Low self-esteem	School avoidance
Self-harm	Social issues
Navigating identity	Sleep issues
Technology use	And more...

First of all, it was so much easier and faster to get set up with Cartwheel than it would have been for us to find a new therapist in the traditional route. My son felt connected to his therapist right away, and we were grateful that a good match was found for him so quickly."

—Guardian



Want to learn more about mental health support for your child?



[Fill Out Form Here](#)

Questions? Please contact a member of your school's team or contact Cartwheel directly by calling/texting (617) 272-7439 or emailing office@cartwheelcare.org.

PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: www.lowell.k12.ma.us/registration

You can also check out the flyer below for all of the details.



2025-2026

PRESCHOOL/KINDERGARTEN

REGISTRATION OPENS ON:

FEBRUARY 3, 2025

Lottery dates:

- Round 1 - Register for Pre-K and K on or before April 4th to be eligible for the first round of the lottery on May 2nd.
- Round 2 - Register for K on or before May 16th to be eligible for the 2nd K lottery on June 13th
- Round 3 - Register for K on or before June 27th to be eligible for the 3rd K lottery on July 18th

Families may register online at:

lowell.k12.ma.us

OR in person at the FRC:

151 Merrimack St.

For more information, please visit:

lowell.k12.ma.us/Domain/84

CURRENT PRE-K FAMILIES:

If your child currently attends preschool, you are still required to enroll for Kindergarten.



2025-2026 PRE-KINDER/KINDERGARTEN

LA INSCRIPCIÓN SE ABRE EL:

3 DE FEBRERO DE 2025

Fechas de lotería:

- Ronda 1: regístrate para Pre-K y K el 4 de abril o antes para ser elegible para la primera ronda de la lotería el 2 de mayo.
- Ronda 2: regístrate para K el 16 de mayo o antes para ser elegible para la segunda lotería K el 13 de junio.
- Ronda 3: regístrate para K el 27 de junio o antes para ser elegible para la tercera lotería K el 18 de julio.

Las familias pueden registrarse en línea en: lowell.k12.ma.us o en persona en el FRC:

151 Merrimack St.

Para obtener más información, visite: lowell.k12.ma.us/Domain/84

FAMILIAS ACTUALES DE PRE-K:

Si su hijo actualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

2025-2026 PRÉ-JARDIM DE INFÂNCIA/JARDIM DE INFÂNCIA

INSCRIÇÕES ABERTAS EM:

3º DE FEVEREIRO DE 2025

Datas do sorteio:

- Rodada 1: Inscreva-se no Pré-K e K até 4 de abril para ser elegível para a primeira rodada da loteria em 2 de maio.
- Rodada 2: Inscreva-se no K até 16 de maio para se qualificar para a segunda loteria K em 13 de junho.
- Rodada 3: Inscreva-se no K até 27 de junho para se qualificar para a loteria do 3º K em 18 de julho.

As famílias podem se registrar online em: lowell.k12.ma.us Ou pessoalmente no FRC:

151 Merrimack St.

Para obter mais informações, visite: lowell.k12.ma.us/Domain/84

FAMILIAS PRÉ-K ATUAIS:

Se seu filho atualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

2025-2026 PRE-KINDER/KINDERGARTEN

LA INSCRIPCIÓN SE ABRE EL:

3 DE FEBRERO DE 2025

Fechas de lotería:

- Ronda 1: regístrate para Pre-K y K el 4 de abril o antes para ser elegible para la primera ronda de la lotería el 2 de mayo.
- Ronda 2: regístrate para K el 16 de mayo o antes para ser elegible para la segunda lotería K el 13 de junio.
- Ronda 3: regístrate para K el 27 de junio o antes para ser elegible para la tercera lotería K el 18 de julio.

Las familias pueden registrarse en línea en: lowell.k12.ma.us o en persona en el FRC:

151 Merrimack St.

Para obtener más información, visite: lowell.k12.ma.us/Domain/84

FAMILIAS ACTUALES DE PRE-K:











Si su hijo actualmente frequenta a preschool, ele ainda deve se matricular no jardim de infância.

Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.

SHOULD I SEND MY CHILD TO SCHOOL?

 STAY HOME FOR...	 Students May Return after...
 Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever-reducing medicine like Tylenol or Motrin
 Vomiting or Diarrhea 	Symptom-free for 24 hours
 Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse
 Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	Condition has been diagnosed by a doctor, and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
 Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found
 A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
 Student's immunizations are not up-to-date and an exclusion notice has been given	Required vaccines have been received













OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever
 - Menstrual Issues – cramps
- Someone at home is sick, stressed, or hospitalized



¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

 Estar en casa para		 Los estudiantes podrán regresar después de...
 Fiebre: temperatura de 38 °C o mas alta		Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
 Vómitos o diarrea		Sin síntomas durante 24 horas
 Erupción cutánea		Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
 Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas		Un medico ha diagnosticado y comenzado el tratamiento si es necesario, con nota médica (24 horas de antibióticos si es conjuntivitis)
 Piojos vivos		El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
 Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.		Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
 Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión		Se han recibido las vacunas necesarias



Por Favor, Mande a su hijo/a a la escuela si...

- Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia)
- Síntomas de resfriado leve: Nariz congestionada, Nariz goteando, estornudos, tos leve, sin fiebre.
- Problemas menstruales: calambres
- Alguien en casa está enfermo, estresado o hospitalizado



DEVO MANDAR MEU FILHO PARA A ESCOLA?

 FIQUE EM CASA POR...	 Os estudantes podem voltar após...
 Febre: temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin
 Vômito ou diarreia	 Sem sintomas por 24 horas
 Erupção cutânea	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recebido pela enfermeira.
 Olhos vermelhos com secreção ocular: secreção amarela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).
 Piolhos vivos	O tratamento com shampoo terapêutico para piolhos concluído e nenhum piolho ativo for encontrado.
 Uma doença contagiosa, como catapora ou faringite estreptocócica	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.
 As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.	As vacinas exigidas foram tomadas



Por favor, envie seu filho(a) para a escola se...

- Doenças Crônicas (Asma Controlada, Diabetes, Anemia Falciforme, Epilepsia)
- Sintomas Leves de Constipação – Nariz entupido/coriza, espirros, tosse leve, sem febre
- Dificuldades menstruais – dores
- Alguém em casa está doente, estressado ou hospitalizado

Mill City Grows: Mobile Farmers Market

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at [City of Lowell Senior Center](#) and [University Crossing at UMass Lowell](#). Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at MillCityGrows.org/mobile-markets and shop all season long with Mill City Grows!



MillCityGrows.org
978-455-2620

Purchase fresh, locally grown produce
in Lowell, MA, all season long!

2025 Winter/Spring Indoor Mobile Farmers Markets

University Crossing Lobby
220 Pawtucket Street

Biweekly Wednesdays
1pm - 4pm

January 22
February 5, 19
March 5, 19
April 2

Lowell Senior Center Cafeteria
276 Broadway Street

Biweekly Thursdays
10am - 12pm

January 16, 30
February 13, 27
March 13, 27
April 10

We welcome these payment options:

SNAP/EBT, HIP, APPLE PAY, WELLSENSE, MCG E-GIFT CARDS,
CASH, CREDIT, DEBIT, S3 OTC/HEALTHY GROCERY CARD

Free parking near University Crossing for Mobile Market shoppers:

UMass Lowell Salem Street Parking Lot
294 Salem Street, Lowell
(Please look for parking signs)

USDA National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

BANK OF AMERICA



MDAR

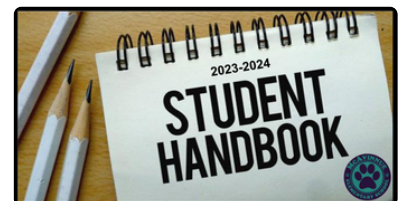


**Cummings
Foundation**



Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[Click Here To Access The LPS 2024-2025 Student Handbook](#)

McAvinnue's School Attendance Information

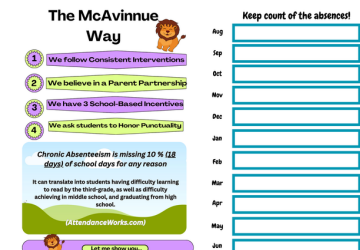
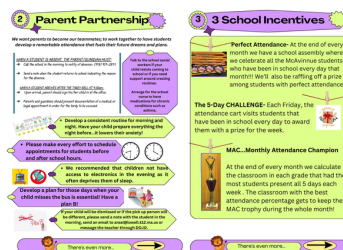
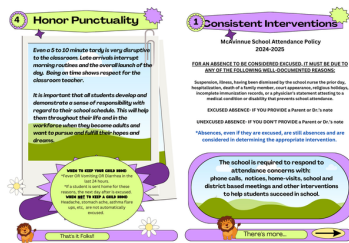
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach out directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booklet below that will provide additional information. This booklet will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

The handbook is provided in three languages below.



English

English

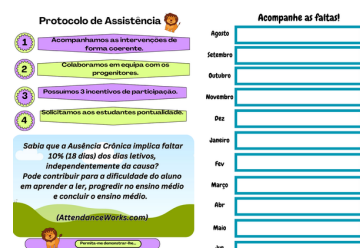
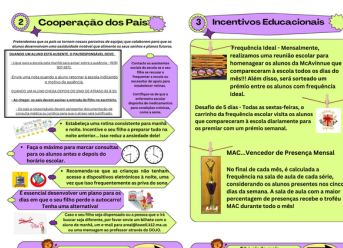
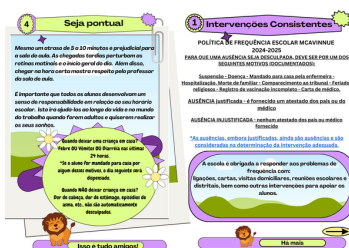
English



Spanish

Spanish

Spanish



Portuguese

Portuguese

Portuguese

Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.

Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](#).

Any concerns please feel free to email foodservice@lowell.k12.ma.us



GREAT NEWS

**MASSACHUSETTS PASSES
PERMANENT FREE
SCHOOL MEALS FOR ALL**

WHY EAT SCHOOL BREAKFAST + LUNCH?

Better Productivity	improved focus, behavior, & attendance rate.
Better Health	good for the brain & gives students the fuel to learn.
Better Days	one less thing to worry about & it's free!

 PROJECT BREAD 

May Breakfast & Lunch Menus



LOWELL PUBLIC SCHOOLS

Breakfast MENU

May 2025 Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1% and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

aramark This institution is an equal opportunity provider

28 Cinnamon Raisin Bagel Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	29 Sausage, Egg, and Cheese Bagel Sandwich Chocolate Chip Muffin Served with Oranges & Juice	30 Apple Frudel Asst. Cereal Bar Served with Apples & Clementines	1 Egg & Cheese English Muffin Cranberry Oatmeal Round Served with Fresh Fruit Cup & Juice	2 Breakfast Smoothies Bagel with Cream Cheese Served with Apples & Bananas
5 Maple Mini Waffle Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	6 Bacon, Egg & Cheese Bagel Sandwich Blueberry Muffin Served with Oranges & Juice	7 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	8 Sausage, Egg, and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Juice	9 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas
12 Sausage and Cheese Breakfast Pizza Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	13 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	14 Sausage, Egg, and Cheese Bagel Betty Crocker Bar with Graham Cracker Served with Apples & Clementines	15 Blueberry Breakfast Bread Nature Valley Round Served with Fresh Fruit Cup & Juice	16 Mini Cinni Bagel Mixed Berry Yogurt Parfait Served with Apples & Bananas
19 Pumpkin Breakfast Bread Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	20 Egg and Cheese Wake up Wrap Blueberry Muffin Served with Oranges & Juice	21 Powdered Sugar Donut Betty Crocker Bar with Graham Cracker Served with Apples & Clementines	22 Bacon Egg & Cheese English Muffin Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	23 Mixed Berry Yogurt Parfait Bagel with Cream Cheese Served with Apples & Bananas
26 No School Memorial Day	27 Mini Strawberry Filled Bagel Chocolate Chip Muffin Served with Oranges & Juice	28 NEW!! Peaches & Cream Smoothie Betty Crocker Bar with Graham Cracker Served with Apples &	29 Mini Cinni Caramel Bagel UBR Round Served with Fresh Fruit Cup & Juice	30 Egg and Cheese Wake Up Wrap Bagel with Cream Cheese Served with Apple &



aramark **STUDENT NUTRITION** **ARMAR**

MAY 2025 Elementary & K-8 Lunch Menu

Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a fruit and/or vegetable with each lunch.
All meals are served with the option of milk.
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer
HOTM=Harvest of the Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 French Toast Sticks with Chicken Sausage Or Vegetarian Sausage V Hamburgers & Cheeseburgers Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Roasted Butternut Squash Apples & Pears 5 Chicken and Vegetable Dumplings with Veggies Edamame Dimpplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Broccoli & Carrots LG Applesauce & Pears 12 Philly Chicken Cheesesteak Sub Pizza Crunchers V Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich on a Bulkie Roll Green Beans & Side Salad LG Applesauce & Pears 19 Country Chicken Bowl with a Dinner Roll Country Bowl with Vegetarian Nuggets with a dinner roll V Omelette with a Bagel V Ham Chef Salad with Flatbread Italian Sub Roasted Potatoes & Carrots LG Apples & Pears 26 No School Memorial Day	29 Beef Taco Kickin Bean Taco V Crispy Chicken Sandwich Yogurt Dip Platter V Greek Chicken Wrap Chickpea Salad & Fiesta Corn Oranges & Apples 6 Walking Taco Tuesday! Walking Tacos Black Bean Taco V Hamburgers & Cheeseburgers Pizza Platter Chicken Caesar Wrap LG Roasted Chickpeas & Cucumbers Clementines & Apples 13 Lowell Grande Nachos V Chipotle Cheesy Nachos V Crispy Chicken Sandwich Pretzel Platter V Turkey BLT Sub LG Kickin Beans & Corn Clementines & Apples 20 Buffalo Chicken Dip with Tortilla Chips Hamburger & Cheeseburger Black Bean Burger V Bagel Power Pack V Moroccan Harissa Wrap Kickin Beans & Fiesta Corn Clementines & Apples 27 Arroz con Pollo Veggie Nuggets with a Dinner Roll V Chocolate Hummus Platter V Ham and Cheese Sub Street Corn Salad & Carrots LG Clementines & Apples	30 Spicy Chicken Pepperoni Pasta Bake Cheese Quesadilla V Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Oven Roasted Green Beans & Carrots LG Bananas & Berry Cup 14 Buffalo Chicken Mac and Cheese V Mac and Cheese V Bosco Cheese Sticks with Marinara Sauce V Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup Early Release! 14 Hamburgers and Cheeseburgers Black Bean Burger V Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich on a Bulkie Roll Cucumbers & Carrots LG Bananas & Berry Cup 21 Chicken Broccoli Alfredo Pasta V Chicken Gyro with Tzatziki Falafel Gyro with Tzatziki V Ham Chef Salad with Flatbread Italian Sub Cucumber & Carrots LG Bananas & Berry Cups Hamburger Day 28 Lok Lak Bacon Cheeseburger & Bacon Hamburger Vegetarian Burger V Chicken Caesar Salad with Flatbread Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cups	1 General Tso's Popcorn Chicken With Fried Rice Chicken Tenders with a Dinner Roll V Veggie Nuggets with a Dinner Roll V Yogurt Dip Platter V Greek Chicken Wrap Broccoli & Carrots LG Pears & Fresh Fruit Cup 8 Wally's Boomin' Nachos Wally's Boomin' Bean Nachos V HOTM: Fish and Chips with Colelaw and A Dinner Roll Pizza Platter Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup 15 LTO: Mojo Chicken Bowl Waffles with Chicken Sausage or Vegetarian Sausage V Pretzel Platter V Turkey BLT Sub LG Roasted Veggies & Green Beans Fresh Fruit Cup & Pears 22 Black Bean, Pork, Plantain and Rice Bowl Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup 29 Chili Garlic Popcorn Chicken Lo Mein Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub Celery Sticks & Kale Caesar Salad LG Pears & Fresh Fruit Cup	2 Cheese Pizza V Pepperoni Pizza Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll Red Pepper Strips & Side Salad LG Apples & Bananas *School Lunch Hero Day* 9 Cheese Pizza V BBQ Chicken Pizza Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas 16 Cheese Pizza V Buffalo Chicken Pizza Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich on a Bulkie Roll Red Pepper Strips & Roasted Chickpeas Apples & Bananas 23 Cheese Pizza V Big Mac Pizza Ham Chef Salad with Flatbread Italian Sub Red Pepper Strips & Side Salad LG Apples & Bananas 30 Cheese Pizza V Hawaiian Pizza Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9922 (Voice). Individuals who are hearing impaired or have a speech disability may contact USDA through the Federal Relay Service at (800) 877-8339; or (202) 455-6330 (Spanish). USDA is an equal opportunity provider and employer.



Elementary May Breakfast Menu 2025.pdf

[Download](#)
423.2 KB



Elementary May Lunch Menu 2025.pdf

[Download](#)
305.0 KB

McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

[Click To Access Prep Sportswear Spirit Gear](#)

General Information

How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family



moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.

How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

How old does my child need to be to enroll in preschool or kindergarten?

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
 - Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.
-

Community Connections & Opportunities



Lowell Pop Warner

Lowell Pop Warner is having sign ups for football and cheerleading for all ages. Please see the information on the flyer if you are interested in joining in on the fun next Fall.



REGISTRATION DETAILS

TACKLE FOOTBALL & COMPETITIVE CHEERLEADING

Lowell Pop Warner is a volunteer based youth sports organization providing the fundamentals of football and cheerleading to the youth of Lowell.

In-Person Registration Dates

Tues. April 29th 6p-8p (R) Weds. July 9th 6p-8p (R)
Thurs. May 15th 6p-8p (R) Sat. July 26th 10a-12p (C)
Sat. June 7th 10a-12p (C) (R) Riley School 115 Douglas Rd
Sat. June 21st 1p-3p (C) (C) Cawley Stadium 424 Douglas Rd

SIGN-UP EARLY & SAVE!

MARCH	APRIL	MAY
1ST CHILD: \$100	1ST CHILD: \$100	1ST CHILD: \$150
2ND CHILD: \$75	2ND CHILD: \$75	2ND CHILD: \$100
3RD CHILD: \$50	3RD CHILD: \$50	3RD CHILD: \$75

June 1st - August 1st \$150 per child.



CHEERLEADERS

VARSITY - REGISTRATION OPEN
JR. VARSITY - REGISTRATION OPEN
PEEWEE - REGISTRATION OPEN
JR. PW - REGISTRATION OPEN
MIGHTY MITE - REGISTRATION OPEN
TINY MIGHTY - REGISTRATION OPEN



ADDITIONAL INFO.

REGISTRATION FEE \$150.00*
UNIFORM DEPOSIT FEE \$100.00
ACCESSORY PACKAGE \$160.00 (D.O.B. 8/1/08-7/31/19
(3 BOWS, JACKET, CROP TOP, BOY SHORT, AND COMP. T-SHIRT)
ACCESSORY PACKAGE \$120.00 (D.O.B. 8/1/19 - 7/31/20
(3 BOWS, JACKET, AND COMP. T-
CHEER SNEAKERS - UP TO \$50.00



PLAYERS

13U - REGISTRATION OPEN
11U - REGISTRATION OPEN
9U - REGISTRATION OPEN
7U - REGISTRATION OPEN
6U - REGISTRATION OPEN



ADDITIONAL INFO.

REGISTRATION FEE \$150.00*
UNIFORM DEPOSIT FEE \$100.00
ACCESSORY PACKAGE \$160.00 (ALL LEVELS)



LOOK FOR OUR
UPCOMING
CHEER
&
FOOTBALL
CLINICS!

COACHES & VOLUNTEERS WHAT'S REQUIRED YOUTH ATHLETES

- Ability to pass a CORI check
- Complete required training course(s)
- Patience to work with children 5-15
- Ability to dedicate time to Practices, Games, League Activities, and Required Meetings.

- Original Birth Certificate (With raised stamp), Health Insurance Card, and June Report Card
- *Payment Options/Plans Available

Register Online 24/7 <https://leagues.bluesombrero.com/lowellpopwarnerfootballandcheer>



978-967-9930



LowellPopMa@yahoo.com

Softball & Baseball Spring Recreation League

With Spring being right around the corner, it's that time of the year again to begin signing up for some Spring Sport options for your child.

Check out the information below for baseball and softball recreation leagues in Lowell. Visit www.lybsl.org or see flyer for more details!

**BASEBALL & SOFTBALL
REC LEAGUE**

LOWELL
EST. 2022
BASEBALL AND SOFTBALL

Spring
Approved by LPS

SPRING 2025

**REGISTER NOW AT:
WWW.LYBSL.ORG**

LOWELL'S FIRST CITYWIDE BASEBALL AND SOFTBALL REC LEAGUE

T-BALL AGES: 4/5
INSTRUCTIONAL/COACH PITCH AGES: 5/6

BASEBALL AGE GROUPS:
7/8, 9/10, 11/12 & 13/16

SOFTBALL AGE GROUPS:
8U, 10U, 12U & 16U

Our website can be translated into multiple languages

- Nuestro sitio web se puede traducir a varios idiomas
- Nosso site pode ser traduzido para vários idiomas
- គេហទំព័ររបស់យើងអាចបកប្រែជាច្រើនភាសា

FIND US ON THE SOCIALS:

Girls Lacrosse Registration Now Open!

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com

Learn more about our programs on LGL's Teams and FAQs pages!

✉ Questions, please email lowellgirlsyouthlacrosse@gmail.com



Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register:

<https://lowellyouthlax.com>

Practice session begin in March with game play occurring on Sundays.

Financial aid is available if needed.

LOWELL YOUTH LACROSSE SPRING 2025 REGISTRATION NOW OPEN

UNTIL FEBRUARY 22, 2025

FIRST TIME PLAYERS WELCOME
BOYS GRADES 1-8

FINANCIAL AID
AVAILABLE

PRACTICES BEGIN IN MARCH
GAMES ARE ON SUNDAYS



INQUIRE ABOUT OUR
LEARN TO PLAY
PROGRAM



REGISTER ONLINE TODAY!

www.lowellyouthlax.com



lowellyouthlacrosse@yahoo.com

Made with PosterMyWall.com

Cub Scout Pack 7 Information

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit www.pack7lowell.com

Pack 7 meets at St. Rita's Church directly across from McAvinnue!



Cub Scout Pack 7 is a Family Pack for both girls and boys
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit www.Pack7Lowell.com to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall
(158 Mammoth Rd., Lowell)

www.Pack7Lowell.com

join@pack7lowell.com



Be A Girl Scout

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.

gsema.org/jion





Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

Be a Girl Scout
gsema.org/join

girl scouts
of eastern
massachusetts

Start your Girl Scout journey in Lowell at our FREE Try Girl Scouts event!

**Tuesday, September 16
6 - 7 PM**
**Pollard Memorial Library
401 Merrimack Road
Lowell**

*Bring your grown-up(s) along.
Scan code to RSVP or visit
www.gsema.org/eventsup2*



Fall Playgroup Opportunities

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

[Click Here To Register](#)



Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- **Community Team Work (CTI):** (978) 454-5100
 - Families who are already enrolled in a CTI program...
 - Call or text school-age coordinators to request a slot
 - Billy 978-995-0028, wma@commteam.org
 - Karen 978-729-7216, kshannon@commteam.org
 - Families who are not enrolled in a CTI program
 - If you've filled out a CTI application in the past...
 - Contact Karen (978) 729-7216, kshannon@commteam.org to see if where you are on the waitlist (if there is a waitlist)
 - If you've never filled out a CTI application...
 - Fill out an application at 17 Kirk St., 126 Phoenix Ave
 - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
 - Karen Espinola is the school-age director
 - Fill out a application online or at the YMCA to request a slot
 - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
 - Bethel Family Childcare (978) 458-6577
 - Clarendon Family Childcare (978) 454-3026
 - Child Development and Learning (CDE) (978) 275-2843
 - ACRE Family Childcare (978) 937-5899
 - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
 - Accept girls ages 5-14 years old
 - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
 - School-age openings for after-school
 - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at zdzineku@lowell.k12.ma.us.

Local Food Support

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.

Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at adelaluz@lowell.k12.ma.us.





Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

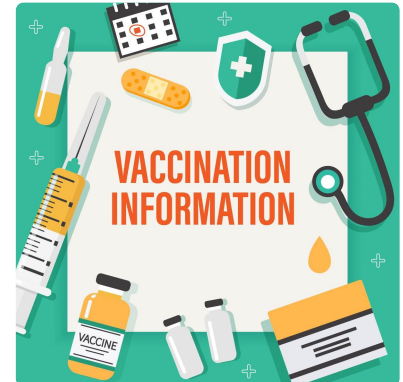
[Download](#)
15.0 KB

Community Vaccination Information

Click the link below to see a comprehensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

[Download](#)
1.1 MB

Family Read-A-Loud: "Don't Eat Bees: Funny Life Lessons From Chip The Dog"

Children's Books Read Aloud | Funny Life Lesson From A Dog



McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



[Click To Access McAvinnue's Facebook Page](#)

[Click To Access McAvinnue's "X" \(Twitter\) Page](#)

[Click To Access McAvinnue's Instagram Page](#)

[Click To Access McAvinnue's YouTube Channel](#)

Our Vision

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel



Email: mdomina@lowell.k12.ma.us

Website: <https://www.lowell.k12.ma.us/Domain/21>

Location: 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

Facebook: facebook.com/McAvinnueElementarySchool/

Twitter: [@McAvinnueLPS](https://twitter.com/McAvinnueLPS)



Michael Domina

Michael is using Smore to create beautiful newsletters